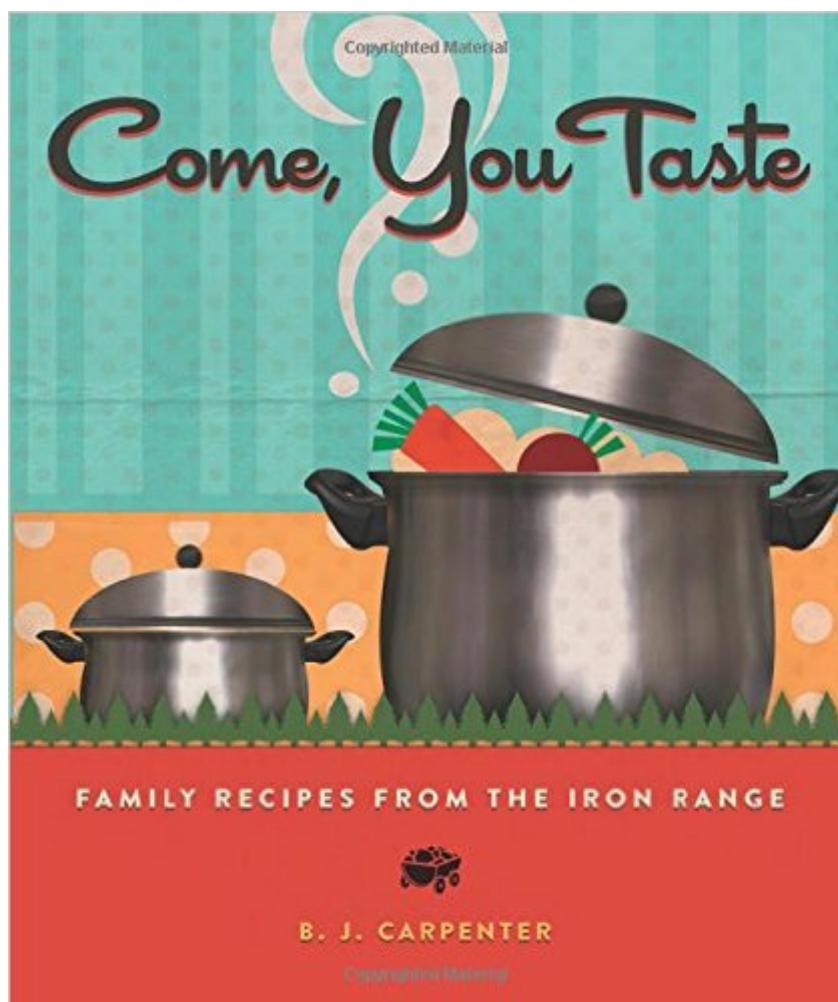


The book was found

# Come, You Taste: Family Recipes From The Iron Range



## Synopsis

Potica or kolache, salma or braciole, lutefisk or baccala, fattigman or lefseâ "Minnesotaâ™s Iron Range has a culinary language all its own. The pursuit of rich iron ore in the early twentieth century drew workers who hailed from Finland, Sweden, Slovenia, Italy, and many other places, and as the men went to work in the mines, their families adjusted together to this new land. The immigrantsâ™ children, that first generation, grew up in multiethnic communities where grandmothers shared the bounty of their gardens and the products of their kitchensâ™ and everyone savored a new mix of food traditions.â™ Come, You Taste celebrates the cuisine of these numerous groups and features fond memories of neighborhoods now gone, of flavors and scents that mingled on a single block, of local entrepreneurs who lifted up old-world dishes like porketta and pasties and potica.

Second-generation Iron Ranger B. J. Carpenter has collected stories and treasured recipes that will inspire modern cooks to explore this brand of Minnesota cuisine in their own kitchens. Whatever the name of the dish, whatever the ethnic connection, these breads and pastries, hearty mains, and tempting sides all fit the bill of âœevery good food.â™ Born and raised in Hibbing, B. J. Carpenter is a culinary educator and writer living in the Twin Cities. She is the author, with Shelley N. C. Hall, of *The Minnesota Table: Recipes for Savoring Local Food Throughout the Year*.

## Book Information

Paperback: 272 pages

Publisher: Minnesota Historical Society Press (October 15, 2015)

Language: English

ISBN-10: 0873519698

ISBN-13: 978-0873519694

Product Dimensions: 7.5 x 0.8 x 9 inches

Shipping Weight: 14.4 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 starsâ™ See all reviewsâ™ (22 customer reviews)

Best Sellers Rank: #367,646 in Books (See Top 100 in Books) #59 inâ™ Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional > Midwest

## Customer Reviews

This is a great cookbook and genuine to the northern Minnesota Iron Range area. The stories are great to read and the recipes are from immigrant grandmas. This is all food from "the old country" and cooked with time and love. In some cases, skill as well (i.e. stretching out strudel or potica dough across your dining room table till it's thin enough to read a newspaper through it.) There's a

lot of food I've never heard of in this book as well.

Being from the Iron Range this cookbook is a delight! So many recipes from my childhood as well as stories which I can relate to. Wonderful to read about the Ting Town drive-in -- I remember going there as a kid and remember that their bar-b-que sauce was the best ever. I am so pleased that I met a woman visiting AZ who told a group of us at lunch about this cookbook. Have recommended it to others who are also enjoying it.

I grew up on the Iron Range of Northern Minnesota. To find a book like this on made me really happy. The book is a fantastic repository of good food and photos from back in the day. Recommended to anyone, anywhere. You don't have to be from Lake Wobegon to enjoy this book. Come, You Taste.

This is a great cookbook of recipes and stories collected from the Iron Range of Minnesota where the people are predominantly Itslian, Croatian and Finnish. I gave it to a friend for Christmas because we both are from this region but live in a different area now. It was such a hit that she purchased it for her two sisters.

The book is a great collection of ethnic recipes with good historical background. I was a little disappointed that there were no recipes attributed to the eastern part of the Iron Range where family and I used to live.

Bought as a birthday present for my Dad, born and raised on the Range. I haven't read it yet, but have had a 20 minute phone call hearing stories, and based on that, can give it 5 stars. :-) Another reason for the 5 stars, my Dad, who is proficient in boiling water and making toast, is planning on trying to make hard rolls for Porketta, from the recipe for Italian bread...

Come, You Taste is a cookbook is like reading a nonfiction book filled with recipes as you will find both history and recipes interwoven throughout this book. For example I loved reading about Ting Town, known by the mid-Iron Range locals for its barbecue, to learning about how Iron Range style of cooking was formed. Some of the recipes you'll find in this cookbook include:  
\*Finnish Whipped Cream Cake with Strawberries  
\*Grandma Fiori's Biscotti  
\*Norwegian Christmas Braid  
\*Clergyman's Cookies (Swedish)  
\*Crackling Roast Pork  
\*Tessy's Chicken Soup  
\*Sugar-Brown Potatoes  
Highly

recommend. Review written after downloading a galley from Edelweiss.

Ms. Eliason and her brother Ewald were our neighbors out in Swandale (location out by the airport), and were friend of my parents. I dunno if it's relevant, but we'd get corn on the cob from their garden when we were kids, and it was the best, bar none. If Ms. Eliason says it's good, I believe it. Great book for ex-rangers who want to try the ethnic recipes that they probably tasted when they were kids. Lots of good recipes.

[Download to continue reading...](#)

Come, You Taste: Family Recipes from the Iron Range Taste of Home:Casseroles: A Collection of Over 440 One-Pot Recipes - Straight from the Kitchens of Taste of Home Readers (Taste of Home Annual Recipes) My Lodge Cast Iron Skillet Cookbook: 101 Popular & Delicious Cast Iron Skillet Recipes (Cast Iron Recipes) (Volume 1) IRON MEN, IRON WILL: The Nineteenth Indiana Regiment of the Iron Brigade Middle Range Theories: Application to Nursing Research (Peterson, Middle Range Theories) Taste of Home Ultimate Skillet Cookbook: From cast-iron classics to speedy stovetop suppers turn here for 325 sensational skillet recipes Cast-Iron Cooking: Recipes & Tips for Getting the Most out of Your Cast-Iron Cookware A Cast Iron Morning: The 50 Best Cast Iron Breakfast Recipes That Anyone Can Make Cast Iron Cookbook: Volumes 1-4: Cast Iron Breakfast, Lunch, Dinner & Dessert Recipes Cast Iron Skillet Weeknight Meals For Two: 56 Delicious Cast Iron Skillet Recipes For Poultry, Pork, Beef & Other Meat, Vegetable And Seafood Dishes Come One Come All: Easy Entertaining with Seasonal Menus Come August, Come Freedom: The Bellows, The Gallows, and The Black General Gabriel Come Rain or Come Shine (Mitford) The Invincible Iron Man (Marvel: Iron Man) (Little Golden Book) Taste of Home Slow Cooker Throughout the Year: 495+ Family Favorite Recipes Molly on the Range: Recipes and Stories from An Unlikely Life on a Farm Cooking with Cast Iron Skillets: Timeless and Delicious Family Recipes Vegan Thanksgiving Dinner: 25 Full Of Taste Thanksgiving Vegan Recipes.: (Thanksgiving, USA Holidays, Vegan, Vegetarian, Salads, Low-fat Vegan ... low fat high carb recipes) (Volume 2) Colored Pencil: (Drawing Made Easy) Healthy Cooking for Two (or Just You): Low-Fat Recipes with Half the Fuss and Double the Taste

[Dmca](#)